



**Blount Memorial**  
Hospital

# Cafeteria Menu

for Monday, Feb. 6 through Sunday, Feb. 12

(Menu items subject to change according to availability)

**Open Monday through Friday**

**BREAKFAST: 6:30-10 a.m.**

**LUNCH: 11 a.m. - 1:30 p.m.**

Located on S (service level)

\*Asterisk indicates "healthier choice"

# = Feature item is 1/2 sandwich with small garden salad or bowl of soup for \$3.15

New gourmet dessert is \$2.50.



Menu presented by:

Glen Gray, director

Jeff Counts, executive chef

Kathryn Beasley, secretary

Monday, Feb. 6	Tuesday, Feb. 7	Wednesday, Feb. 8	Thursday, Feb. 9	Friday, Feb. 10	Saturday and Sunday
<p><b>BREAKFAST</b> Al a Carte items plus scones</p> <p><b>LUNCH</b> #Chicken parmesan *Grilled salmon Beef stew Chicken tenders Salad bar Cross cut fries *Turnip greens Yellow corn Green beans Mashed potatoes *Baked potato Pinto beans Tomato pie Rice pila Rolls/corn muffins</p> <p><b>DESSERT</b> Bread pudding</p>	<p><b>BREAKFAST</b> Al a Carte items plus pancakes</p> <p><b>LUNCH</b> #Turkey and Swiss *Pepper steak Stuffed pork chops Chicken tenders *Salad Bar Curly fries *Steamed cabbage Macaroni and tomatoes Green beans Mashed potatoes *Baked potato Creamed spinach Lima beans Sweet potatoes Rolls/corn muffins</p> <p><b>DESSERT</b> Strawberry cobbler</p>	<p><b>BREAKFAST</b> Al a Carte items plus Easter stew</p> <p><b>LUNCH</b> #Roast beef and cheddar sandwich *Grilled Italian chicken Meatloaf with gravy Chicken tenders *Salad bar French fries *Steamed green peas Cauliflower and cheese Green beans Mashed potatoes *Baked potato Baby carrots Rice and brown gravy Corn pudding Rolls/corn muffins</p> <p><b>DESSERT</b> Peach cobbler</p>	<p><b>BREAKFAST</b> Al a Carte items plus French toast sticks</p> <p><b>LUNCH</b> #Fish sandwich *Barbeque chicken Chopped steak Chicken tenders *Salad bar Steak fries *Steamed broccoli Baked beans Green beans Mashed potatoes *Baked potato Macaroni and cheese Corn nuggets Fried okra Rolls/corn muffins</p> <p><b>DESSERT</b> Apple cobbler</p>	<p><b>BREAKFAST</b> Al a Carte items plus omelets</p> <p><b>LUNCH</b> #Chalupas *Fiesta chicken Chile rellenos Chicken tenders *Salad bar Potato wedges *Mexican corn Mexican rice Green beans Mashed potatoes *Baked potato Refried beans Black beans and salsa Taco bar and nachos Rolls/Mexican cornbread</p> <p><b>DESSERT</b> Flan</p>	<p><b>Cafeteria closed</b> <i>Atrium Café on first floor is open.</i></p>

**The cafeteria is closed for dinner.**

*We hope you'll visit the Atrium Café on Level 1 on the outpatient side.*